



The Springfield Botanical Garden is pleased to offer Horticultural Therapy activities to a wide variety of audiences! Your place or ours! Plan a trip to the botanical gardens or garden staff will visit your location within Greene County including churches, senior care facilities, hospitals, rehabilitation centers, and human service organizations. Participants are invited to complete hands-on plant and natural craft-oriented activities modified for their therapeutic goals and abilities.

All Groups must agree to the following:

- Provide one or two staff members and additional volunteers to assist
- Allow garden staff to complete a group progress evaluation form and submit to the agency staff member.
- Sessions are currently offered Monday through Friday from 9:00 am to 4:00 pm. Maximum of 15 participants per session.
- Complete a Group Request Form located: <http://www.parkboard.org/botanical/education.htm>
- For more information, contact the instructor at: ksteinhoff@springfieldmo.gov

Group Activities \$150/hour includes materials for groups up to 15 people.

Nature Ornaments or Holiday Swags– (November-December) using dried fruits, flowers, seeds and pods from the garden; participants can create up to 5 whimsical characters, mini-arrangements, and unique decorations or a swag door or wall hanging.

Flower Pounder Prints – (March-October) Capture the colors and shapes of flowers and leaves by pounding the natural dyes into a muslin cloth with a rubber mallet.

Nature Notes Cards – (January – April) using pressed pansies, ferns, and other plants from the garden, each participant will create 5 personalized note cards of their own design.

Plantable Paper – Recycle paper in-house! Using water, old office paper, and a blender we will create our own pulp, add fibers from various plants around the gardens, and sprinkle in seeds. Choose from a wide selection of seeds including flowers, vegetables and herbs. Participants will take home 5 sheets of unique paper that can be torn and scattered in their home gardens. Discussion points include recycling, compost, growing gardens from seed.

Show and Smell – A horticulturist will introduce you to several aromatic herbs. Guess the scents and discuss how these plants are used in food, fragrance and medicine. Herbal snacks and tea included.



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